## Caring Cards

Caring Cards are a card or letter of encouragement to others. These cards can be made at any time of year, but around a holiday (winter holidays, Mother's Day, Father's Day, etc.) are also great times. You can choose whoever you think would benefit from a positive card – first responders, school staff, other students, nursing homes, residents of a shelter, etc. You can decorate the cards/letters as well.

- **Area of Care**: Kindness, Inclusion, Mental Health
- **Time**: 1 hr preparation; 1 hr execution
- **Sample materials**: paper or cards, markers, colored pencils, stencils, stickers
- **Credit**: Multiplying Good, inspired by Jobs for Delaware Graduates Winter 2022-23 statewide service project
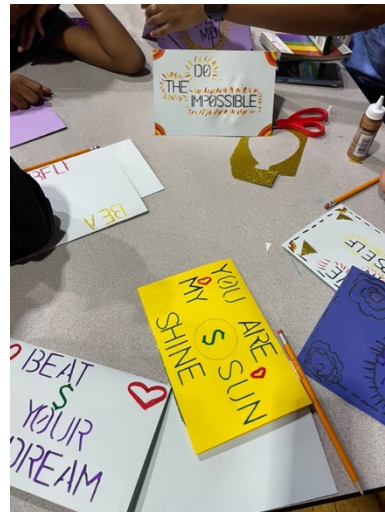
1. **Investigate**: Choose the group you would like to make cards for - who would benefit?

2. **Prepare**: Decide on the message(s) and timeline, gather materials, and create a plan for when and how you will make the cards.

3. **Execute**:
   - Write and decorate cards!
   - Deliver to the recipients: Will your whole team deliver the cards or a few representatives? Or will someone drop them off? (Pro tip: Go for the biggest impact that is feasible.)

4. **Reflect:**
   - *Debrief:* As a team, spend 15 minutes discussing how the project went (highs, lows, things you would change).
   - *Reflect:* What was the impact on the people who received the cards? What was the impact on you and your teammates? What did you learn (about yourselves, your community)? What leadership skills did you use/improve?

5. **Share:**
   - Report your impact. Think about the number of people served and the impact on the beneficiaries. Also, gather quotes and stories when possible.
   - Share: Tell others about your project and the impact made, through social media and your school channels, etc.