

# SIA WEEKLY CURRICULUM PLAN

Over the course of each year, SIA teams do three main things; plan and execute at least one high-quality service-learning project, engage their peers or community members in their service, and honor at least four individuals or organizations with a Jefferson Award for Excellence in Service. While these may sound like three different activities, they can and should be intertwined! For example, in completing a project, your SIA team should invite and recruit other youth to participate in the project. During the project, your SIA team should keep an eye out for volunteers or support people that went above and beyond and consider whether any organizations involved in the project deserve to be recognized as well.

In this way, the most important thing is to help your team identify the project or projects they want to work on and fold the other two goals into that! In general, projects should be selected based on the youth's passions and the needs in the community. With new groups or groups that may be struggling, sharing potential projects can be a good way to help them get off the ground. There are lots of great project ideas at YSA.

SIA is all about youth taking the lead, but some teams, particularly those new to SIA, will need more help and support. Teams can decide to elect leaders like president or VP or can break-up into smaller groups to get the work done. Newer groups should keep their goals small and think about just doing the basics. Things can always be scaled-up if there is time and capacity.

The plan below is for teams meeting weekly for around 45-60 minutes each time. Access to and use of Multiplying Good's Learning Management Platform, Litmos, is integral to the teams' success. All students have access to Litmos though our SIA Member Portal.

## Week 1: Support Team Building and Learn About SIA

- Team Building Activity: Select a team building activity from our <u>'Ice Breakers, Energizers, and Reflection Activities'</u> course in Litmos. There are specific icebreakers for the virtual environment.
- About SIA: As a group, walk through the <u>'What is SIA?'</u> course in Litmos.



## Week 2: Support Team Building and Learn More About The Six Steps of SIA

- Team Building Activity: Select a team building activity to complete from our <u>'Ice Breakers, Energizers, and Reflection Activities'</u> course in Litmos. There are specific icebreakers for those within the virtual environment.
- The Six Steps of SIA: As a group, walk through 'The Six Steps of SIA' course in Litmos.

## Week 3: Work to Identify Your Team Values and Set High-Level Goals

- Team Values: Identify your team values to help get you ready to set your goals! Please complete Unit 8 of 'Step 2: Prepare' within Litmos.
- Set High-Level Goals: Walk through the goal setting unit in Litmos and identify your own teams' goals in relation to the 3 core components of SIA. Please complete Unit 9 of 'Step 2: Prepare' within Litmos.

## Week 4: Identify Your Passions and Think About Community Needs

- Passions: Identify the things your team is passionate about with the Map your Heartbreak Activity that can be found within the first unit of our <u>'Step 1: Investigate'</u> course. Pick the top 1-2 passions to do some further investigation around.
- Community Needs: Once you have identified your top 1-2 passions, identify what you do and do not know about that need as it applies to your community. Please complete Unit 4 of 'Step 1: Investigate' within Litmos. Answer the questions in the lesson to help you figure out the problem you need to work on solving through your service project.

# Week 5: Learn About The Four Types of Service and Identify Your Project Idea!

- Four Types of Service: You have a passion and a need! Please complete Unit 6 of <u>'Step 1:</u> <u>Investigate'</u> within Litmos to learn about the 4-types of service!
- Identify Your Project Idea: You know what you care about, learned more about the needs in your community and have a handle on the 4-types of service. Now you should use those three things to come-up with a project idea. On a whiteboard or piece of paper, please create SMART project goal identifying the following items:
  - o Who are you going to help? This could be a category of people or places.
  - o What are you going to do to help? Make sure it is measurable!
  - o When are you going to do the helping? What day/time/week?

# Week 6: Review Your High-Level Goals and Create a Project Plan

• Review Your Goals and Decide How to Work on Them: Revisit your goal worksheet from week 3 - remind your team what you said you would accomplish. If you still feel good about



those goals, great! If not, tweak them based on the project you have identified. Regardless, think about how you want to structure your team to get the work done. You may want to split up into sub-committee around each area: service, leadership, and recognition, or you may want to work as a larger team on all the tasks together! You decide.

- Start Project Planning: Now that you know your goals and have decide whether to work as a whole or in committees to get the work done, you need to create a project plan or plans to help you execute against your tasks. Please complete Unit 4 of 'Step 3: Execute' within Litmos. Create a project plan for the goals you decided to accomplish. Remember, the goals are intertwined! For example, engaging 30 of your peers in your service project could be a line in your overall project plan!
  - o The group in charge of recognition will want review Units 2, 3, and 4 of <u>'Step 6: Celebrate'</u> to learn more about how to think about recognizing groups or individuals for excellence in service.
  - The group in charge of engaging peers will want review Unit 8 of <u>'Step 3: Execute'</u> to learn more about how to work with and engage volunteers. Due to Covid-19, informing and educating folks about the issue you are addressing through your service project will count as engaging peers!

## Week 7: Team Building and Project Planning

- **Team Building Activity:** Select a team building activity from our <u>'Ice Breakers, Energizers, and Reflection Activities'</u> course in Litmos.
- **Project Plan**: Spend time working on your project plan, make sure all tasks, resources, and timelines are listed. Present the project plan to the whole team and your advisor. Get feedback and make it better.

# Week 8: Preparation and Reflection

- **Team Building Activity:** Select a team building activity from our <u>'Ice Breakers, Energizers, and Reflection Activities'</u> course in Litmos.
- Work on tasks: Work against the tasks in the project plan as a whole or in small groups.
- Reflect: Meet at the end to present progress and reflect on what you have done so far. Please complete Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.

# Week 9: Preparation and Reflection

- **Team Building Activity:** Select a team building activity from our <u>'Ice Breakers, Energizers, and Reflection Activities'</u> course in Litmos.
- Work on Tasks: Work against the tasks in the project plan as a whole or in small groups.
- Reflect: Meet at the end to present progress and reflect on what you have done so far. Please complete Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.



## Week 10: Preparation and Reflection

- **Team Building Activity:** Select a team building activity from our <u>'Ice Breakers, Energizers, and Reflection Activities'</u> course in Litmos.
- Work on Tasks: Work against the tasks in the project plan as a whole or in small groups.
- Reflect: Meet at the end to present progress and reflect on what you have done so far. Please complete Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.

#### Week 11: Execution and Reflection

- Execute Against Your Goals: Complete your service project and engage your peers in service.
- Reflect: Please refer to Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.

#### Week 12: Execution and Reflection

- Execute Against Your Goals: Complete your service project and engage your peers in service.
- Reflect: Please refer to Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.

#### Week 13: Execution and Reflection

- Execute Against Your Goals: Complete your service project and engage your peers in service.
- Reflect: Please refer to Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.

#### Week 14: Celebrate

• Share Your Impact: You have done all the things, amazing! Please complete Unit 7 of <u>'Step 6:</u> Celebrate' and think about how to share your teams' success!

### Week 15: End-of-Year Reflection

- Learn More: Please complete our 'End-of-Year Reflection' course within Litmos.
- Begin Survey: As a team, begin working on your Written Survey or Impact Survey. Everything you need for End-of-Year Reflection can be accessed through your Member Portal account.

#### Week 16: End-of-Year Reflection

- Finish Survey: As a team, make final adjustments to your survey and submit.
- Prepare for Public Service Pitch Day: As a team, prepare to present your impact at PSPD.
- Reflect: Please refer to Unit 3 and Unit 4 of 'Step 4: Reflect' within Litmos.